

Print Name: _____

PLATT HIGH SCHOOL PHYSICAL EDUCATION POLICIES

Physical Education is a semester course for all grade levels and meets every day of the week. Students are expected to perform to the best of their abilities. **If you are absent from class, unexcused, for more than 6 days you will not receive credit and must take Physical Education again.** Students must pass three years of Physical Education to graduate from Platt High School.

***BE PREPARED AND PARTICIPATE** – Board of Education Dress Code Policy is in effect at **ALL** times during Physical Education for all activities inside or outside. All students are required to change into appropriate attire for class and fully participate in every class. Proper attire consists of sneakers that tie, shorts, sweats, crew neck t-shirts, nylon pants, etc. *Jeans, pajamas, tank tops, low cut t-shirts, are NOT acceptable.* All students must keep their personal belongings (backpacks, books) in the locker rooms. Students are encouraged to bring in a lock to secure their personal belongings. **If a student does not change, a detention may be assigned, a parent/guardian will be called or a letter will be sent home, and a trip to the office could occur.**

WE ARE NOT RESPONSIBLE FOR LOST OR STOLEN ITEMS FROM THE LOCKER ROOMS.

***BE HERE AND ON TIME** – You must be in the locker room before the late bell. Students will be given 4 minutes at the beginning of class to change into your P.E. clothes. Once you are changed, you are to wait in the locker rooms until everyone is dressed. At the end of class you will be given enough time to change back into your school clothes and are to stay in the locker rooms until the bell rings. Showers are not mandatory, but students are encouraged to use the showers in the locker rooms. **No one is allowed to sign out to another class.**

****Unexcused Absences (CANNOT be made up)** – Student unprepared does not participate, changed-does not participate, class cut

****Excused Absences (CAN be made up)** - Absent from school, field trip, suspension, in guidance or at nurse, tardy excused

***MAKE UPS** – A student is allowed **ONE** week to make up any **EXCUSED** absence. After this time, the class cannot be made up and a zero is given. Make up work can be done in the form of written work, during a study hall, after school, or assigned by the individual teacher.

***MEDICAL INJURY** - A medical excuse is defined as an **injury** that is supported by a letter from a medical doctor (not a parent or guardian) excusing a student from physical activity for any length of time. The written excuse must be on file in the nurse's office as well as with your P.E. teacher. If a student is placed in a study hall for medical reasons, it is the student's responsibility to report back to class when the medical excuse expires. A student must be active for 60% of semester to receive credit for the course. Please report any injuries to the teacher. We need to fill out an accident report. **If you are getting a POOL medical excuse, the note MUST be in the nurse's office PRIOR to your class being in the pool.**

****MEDICAL ILLNESS** - A medical excuse is defined as any **illness** that is supported by a note from a medical doctor excusing the student from school and is on file in the main office. This type of medical **MUST** be made up.

EMERGENCY ACTION PLAN: --- SHOUT FOR HELP!! --- EVERYONE STOP THE ACTIVITY AND SIT IN DESIGNATED AREA--- CALL THE NURSE AT EXT. 117 OR 911 --- ASSIST THE TEACHER.

***BASIC REMINDERS** – No horseplay, no eating or gum chewing in the locker rooms or gymnasium, no jewelry (rings, dangling earrings, bracelets, etc), no foul language or obnoxious behavior. Do not touch equipment until you are instructed to do so, no hats, headbands, to be worn in the gymnasium, tie back long hair, and no hanging from the basketball rims.

***GRADING** – Students earn up to 10 points per day if you are changed into P.E. clothes and participate. If you do not change, you will be required to participate as best you can to be allowed to make the class up. The breakdown is as follows:

- 2 points – completion of warm up
- 2 points – wearing appropriate P.E. attire
- 2 points – exhibiting proper safety awareness
- 2 points – exhibiting responsible personal behavior/sportsmanship
- 2 points – demonstrating skill/activity involvement

*** Attendance, participation, effort, attitude, sportsmanship, evaluations, assessments, and written quizzes are also included.

THE STATE FITNESS TEST IS REQUIRED BY ALL GRADE LEVELS AND WILL ACCOUNT FOR 20% OF YOUR FINAL GRADE – the student is allowed to make up this test as many times as he/she would like to get a better grade.

***BE RESPECTFUL** – To teachers, classmates, and yourself. Disrespectful behavior will not be tolerated and you will be asked to stand aside or sent to the office. This will result in no credit for the class.

Student Signature: _____ Date: _____ Class: _____