

Post High School Planning Packet



O.H. Platt High School
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Meriden, CT 06451
203-235-7962

**O.H. Platt High School
School Counseling Department
203-235-7962 Ext. 7709**



WE ARE HERE TO SUPPORT YOU

All students will graduate with a meaningful post-secondary plan to achieve great success in college, the military, apprenticeships, and the workforce. We are here to support you to ensure you achieve your post-secondary goals!

REACH OUT WITH ANY QUESTIONS!

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Four-Year College Checklist

Milestone	Completion Date
<input type="checkbox"/> Meet with your counselor to discuss interest in the four-year college path and draft initial college list during <i>junior planning meeting</i>	April - May
<input type="checkbox"/> Create Common Application account	September
<input type="checkbox"/> Complete the <i>Profile and Education</i> section on your Common Application and link with Naviance	September
<input type="checkbox"/> Meet with your counselor to confirm interest in the four-year college path, update email address and “ <i>Colleges I’m Applying To</i> ” list in Naviance. <input type="checkbox"/> Review checklist requirements, <i>including type of application</i> <input type="checkbox"/> Register to retake SAT if needed	September
<input type="checkbox"/> Complete Brag Sheet in Naviance	September
<input type="checkbox"/> Request recommendation letters from teachers	September-November
<input type="checkbox"/> Complete Common Application and/or all college applications	September -November
<input type="checkbox"/> Create FAFSA account and FSA ID and CSS/Financial Aid profile if needed (<i>Platt will host a FAFSA Workshop on Nov 6th 6-8:00 PM</i>)	October
<input type="checkbox"/> Finalize college essay	October-November
<input type="checkbox"/> <i>Confirm</i> SAT Scores are sent to colleges through College Board account	October-December
<input type="checkbox"/> “ <i>Request transcript</i> ” for all colleges you are applying to in Naviance	October-December
<input type="checkbox"/> When ready to submit application(s), review with Counselor and confirm all materials are complete	Two weeks prior to the deadline
<input type="checkbox"/> Attend Scholarship Fair	January
<input type="checkbox"/> Complete and submit the FAFSA	January (<i>can be done as early as October</i>)
<input type="checkbox"/> Review acceptance letters and financial aid information with your School Counselor or College & Career Coordinator	March-April
<input type="checkbox"/> Select college and pay deposit	April

Naviance - A Student Resource

Overview

Naviance makes it easier than ever for you to answer the questions that will shape your future: Who am I? What do I want to be? How will I get there? How will I succeed? Naviance Student allows students to personalize and simplify the college and career planning process.

Accessing Naviance

1. Visit www.platths.com
2. Under the *Students* tab, click on *Naviance Family Connection*
3. All students have an account, log-in information is you username and password used to log into any Meriden Public School computer or device.

What are some things you can do in Naviance?

There are a variety of tools that can help you find your right fit after graduation.

SuperMatch™ College Search: Receive a list of best-fit schools based on criteria that you deem as important in your college search.

Scattergrams: A graph used to help you analyze how you fit in with other students from your high school who have been accepted or denied admittance to a school based on GPA and test scores.

College Lookup: Lookup a school by multiple filters including name, country, state, or college group. Easily favorite colleges using the Heart icon found next to a school name.

Colleges I'm Thinking About: Create a list of schools that you have might be interested in applying to.

Acceptance History: An alphabetical list of colleges where someone from your school has been accepted and/or enrolled over a time span.

Colleges I'm Applying To: A list of schools to which you have decided to apply.

Letters of Recommendation: Request a letter of recommendation from a teacher.

Events & Field Trip: Register for upcoming colleges rep visits, field trips and other school events.

Manage Transcripts: Add and review transcript requests, as well as view associated fees.

Test Scores: View your key test scores, including SATs. Depending on school permissions, you may be able to add your own test scores.

Scholarship List: Research local and national scholarships, add them to your applications list.

Scholarship Match: A list of scholarships that may be a suitable match for you based on scholarship requirements such as gender, ethnicity, GPA, etc...

2-Year vs. 4-Year Schools

What's best for you?

2-Year School/Community College

- Cost effective option: \$9000/yr vs. \$30,000-\$60,000/yr at a 4 year school
- You may be able to live at home, possibly eliminating the costs of room and board
- You can transfer to a 4 year college after completing your associate's degree. This can give you a chance to improve your grades—if you rock your grades for 2 years at community college, you can transfer to a 4yr school
- Think about your career goals—some careers don't require a specialized degree, and attending a 2 year school may be better in the long run.

4-Year School

- Can help to prepare you for a career where you need a specialized degree or a graduate degree
- Attending a 4-year school can provide you with the college experience. You'll be away from home, living on your own, and will have access to many student activities and networking opportunities on campus

Transfer Options: Community College → 4 Year School

Transfer Ticket:

Start with an Associate's degree from a Connecticut Community College. Finish your Bachelor's degree with Central, Eastern, Southern, Western, or Charter Oak. Upon transfer, students are guaranteed full Junior status and can complete their bachelor's degree without losing any credits or being required to take any extra credits.

UConn Guaranteed Admission program:

An agreement between UConn and the Connecticut Community College System to allow students who register for liberal arts transfer program at one of Connecticut's Community Colleges. Students are guaranteed seamless transfer to UConn once an Associate's Degree is completed and minimum grade and course requirements are met. *You must apply to GAP before you have completed more than 30 transferable credits.*

Types of College Admissions

Early Decision

Binding. Early Decision is not an obligation to be taken lightly. If you back out of an early decision to one school, it is unlikely that another competitive school will accept you. Students can seek release from an early decision on the grounds of financial hardship, if the financial aid package they are offered is genuinely inadequate. However, you will need to provide the school proof of the financial hardship. Another downside to early decision is that it leaves applicants unable to negotiate a better financial aid package – the school knows you can't go anywhere else.

Early Action

Non-Binding. Early Action does not ask applicants to commit to attending if they are accepted. They give students the benefits of early application submission and notification of admission without the binding commitment of early decision. Even if accepted, students are free to apply to and attend another school.

Single Choice Early Action

These programs specifically require students not to make Early Action applications to other schools, although they are free to apply elsewhere under regular admissions.

Rolling Admission

Schools that use rolling admission accept applications until they have filled all the spots in their Freshman class. Decisions are then made on a case-by-case basis and you'll usually hear back within 4 to 8 weeks.

There may be less competition, but this depends on you. If you apply early, you are likely improving your chances of being accepted. Remember, though, that the reverse holds true: the later you apply the more competition there may be for fewer spots. Applying to a school with rolling admissions late in the game can also impact your financial aid offer.

Regular Admission

Colleges using this plan generally have a January, February or March application Deadline and notify all of the applicants at the same time (No later than April 15)



commonapp.org

We are pleased to share the 2018-2019 Common Application essay prompts with you.

2018-2019 Common Application Essay Prompts

1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
2. The lessons we take from *obstacles we encounter* can be fundamental to later success. Recount a time when you faced a *challenge, setback, or failure*. How did it affect you, and what did you learn from the experience?
3. Reflect on a time when you *questioned* or challenged a belief or idea. What prompted your *thinking*? What *was the outcome*?
4. Describe a problem you've solved or a problem you'd like to solve. It can be an intellectual challenge, a research query, an ethical dilemma - anything that is of personal importance, no matter the scale. Explain its significance to you and what steps you took or could be taken to identify a solution.
5. Discuss an accomplishment, event, or *realization* that *sparked a period of personal growth and a new understanding of yourself or others*.
6. *Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?*
7. *Share an essay on any topic of your choice. It can be one you've already written, one that responds to a different prompt, or one of your own design.*

The word limit on the essay is 650.

SAT /ACT Exam Information

SAT Exam Dates

Upcoming SAT Dates	Registration Deadline	Late Registration Deadline
October 5	September 5	September 23
November 2	October 2	October 20
December 7	November 7	November 25

ACT Exam Dates

Upcoming SAT Dates	Registration Deadline	Late Registration Deadline
October 26	September 27	October 13
December 14	November 8	November 25
February 8	January 10	January 17

Before Test Day

You can send four free score reports to colleges every time you register for the SAT. This is the fastest way to send scores to colleges and scholarship programs—and there's no fee. Many colleges view receiving your scores early as a demonstration of your interest.

After Test Day

You can still send four free score reports to colleges up to nine days after the test—after that there's a fee for sending score reports, unless you're eligible for an SAT fee waiver.

Score Delivery Timeline

The timeframe for score delivery depends on the way a college chooses to receive scores. Once colleges receive your scores, processing could take a week.

Score Sending Options

Use Score Choice™ to choose which scores you send to colleges.

Sign in to switch score recipients if you changed your mind about which colleges you want to send score reports to other colleges and universities that you are applying to.

For more information on the SAT and the ACT exams or to register to take an exam visit www.collegeboard.org.

Information on FAFSA

FAFSA stands for *Free Application for Federal Student Aid*. Financial aid comes directly from the Department of Education and is used to help a student cover the cost of a Higher Education degree. Federal student aid can help students cover the cost of tuition, room and board, supplies, and transportation pertaining to receiving their degree.

To apply for financial aid you must complete a FAFSA form on fafsa.gov

Starting in October you can request your pin and create a FAFSA ID. You'll be required to provide income and tax information from 2018. You should check with the individual schools you are applying to for their deadlines regarding the FAFSA—they may use the information you provide on the FAFSA to determine scholarship information. It might be a good idea to contact the schools you've applied to, to ensure they have all of the necessary information needed to determine your eligibility for financial aid.

Dates and Deadlines

FAFSA Opens: October 1

Sate Priority Deadline: February 15

What You'll Need to Apply

- ☐ Social Security Number
- ☐ Alien Registration number (if you are not a U.S. Citizen)
- ☐ Your federal tax returns, W-2s, and other records of money earned
- ☐ Bank Statements and records of investments (if applicable)
- ☐ Records of untaxed income (if applicable)
- ☐ A FSA ID to sign electronically

If you are a *dependent* student, you will also need the above information from your parent(s).

Resources for Understanding FAFSA

- [Studentaid.ed.gov/sa/resources](https://studentaid.ed.gov/sa/resources)
- [Bigfuture.collegeboard.org/pay-for-college](https://bigfuture.collegeboard.org/pay-for-college)
- [Nerdwallet.com/blog/fafsa-guide](https://nerdwallet.com/blog/fafsa-guide)
- [Nasdaa.org/students_parents_counselors](https://nasdaa.org/students_parents_counselors)

Types of Financial Aid

Type of Aid	Information	Annual Award Amount
Direct Subsidized Loan	Loan - needs to be repaid with interest. US Department of Education pays interest while student is in school, as long as enrolled at least half-time. Interest rate is fixed for the life of the loan	Up to \$5,500, depending on student's grade level and dependency status
Direct Unsubsidized Loan	Loan - needs to be repaid with interest. Financial need is not needed for this type of loan to be awarded. You are responsible for interest during all periods. Interest rate is fixed for the life of the loan	Up to \$20,500, less any subsidized loans provided in the same period.
Direct PLUS loan	Loan - needs to be repaid with interest. For parents of dependent undergraduate students. Financial need is not required, but the borrower must not have an adverse credit history. The interest rate is fixed for the life of the loan.	Maximum amount is the cost of attendance minus any other financial aid received.
Federal Perkins Loan	Loan - must be repaid with interest. Eligibility depends on student's financial needs and the funds at the school. Students must contact the school's financial aid office. The interest rate is 5% and is fixed for the life of the loan .	Up to \$5,500
Federal Pell Grant	Grant - does not need to be repaid. You can receive the Pell Grant for a maximum of 6 years (12 semesters)	Amounts change annually. Limit for 2018-19 was \$6,095
Federal Supplemental Educational Opportunity Grant	Grant - does not need to be repaid. For students with exceptional financial need. Pell Grant recipients take priority. Funds depend on what is available at the school	Up to \$4,000
Federal Work-Study	Money is earned and does not need to be repaid. Part-time jobs on campus. Money is earned while attending school	No annual minimum or maximum. Visit studentaid.gov/workstudy for more information

Myths About Financial Aid

Don't fall for these myths about federal student aid and the application process!

"Federal student aid is just 'free money' like grants."

Reality: Federal student aid includes three different kinds of financial help: grants, low-interest loans, and work-study funds (a part-time job on or near campus). To learn more about the different types of federal student aid, visit StudentAid.gov/types.

"My parents make too much money, so I won't qualify for aid."

Reality: There is no income cut-off to qualify for federal student aid. Many factors—such as the size of your family and your year in school—are taken into account. And remember: when you fill out the *Free Application for Federal Student Aid* (FAFSA®) form, you're also automatically applying for funds from your state, and possibly from your school as well. In fact, some schools won't even consider you for any of their scholarships (including academic scholarships) until you've submitted a FAFSA form. Don't make assumptions about what you'll get—fill out the FAFSA form and find out.

"Only students with good grades get financial aid."

Reality: While a high grade point average will help a student get into a good school and may help with academic scholarships, most of the federal student aid programs do not take a student's grades into consideration. Provided a student maintains satisfactory academic progress in his or her program of study, federal student aid will help a student with an average academic record complete his or her education.

"I don't have good credit, so I can't get a student loan."

Reality: You don't need to get a credit check for most federal student loans (except for Direct PLUS Loans). Also, you won't need a cosigner to get a federal student loan in most cases.

"My ethnicity or age makes me ineligible for federal student aid."

Reality: There are basic eligibility requirements (which you can find at StudentAid.gov/eligibility), but ethnicity and age are not considered.

"My parents aren't U.S. citizens, so there's no way I'll get aid."

Reality: Your parents' citizenship status is NOT a factor, and the FAFSA form won't even ask you about it. If your parents don't have Social Security numbers, they must enter 000-00-0000 when the FAFSA form asks for their Social Security numbers.

"The FAFSA® form takes forever to fill out, and it's really hard to do."

Reality: If you've got 30 minutes to spare, you're good. Because that's about how long it takes to fill out the FAFSA form. It's also not nearly as hard as you might think.

"I support myself, so I don't have to include parent information on the FAFSA® form."

Reality: This is not necessarily true. Even if you support yourself and file taxes on your own, you may still be considered a dependent student for federal student aid purposes. If you are considered dependent, you must provide your parents' information on the FAFSA form. The form asks a series of questions to determine your dependency status. You can preview the questions at [StudentAid.gov/dependency](https://studentaid.gov/dependency).

"I can't file my FAFSA® form in October because I haven't applied to any schools."

Reality: Actually, you CAN complete your FAFSA form before submitting any college or career school applications. You'll need to list at least one school on your FAFSA form, but go ahead and add every school you're considering, because some schools have early deadlines to apply for their limited funds. Then later, you can add or delete schools on your FAFSA form.

"I'll have to update my FAFSA® form after I file my taxes in the spring, won't I?"

Reality: Nope! Just enter the tax information the form asks for—or better yet, transfer it directly from the Internal Revenue Service if you're offered that option while applying—and you're good to go. No need to update later.

Remember: The FAFSA form asks for your and your parents' tax information from the tax year that was two years prior to the start of the school year for which you're applying for aid. For example, the 2018–19 FAFSA form asks for 2016 tax and income information, while the 2019–20 FAFSA form will ask for 2017 tax and income information.

"I didn't qualify for financial aid last year, so filling out the FAFSA® form again is just a waste of time."

Reality: It's super important to fill out a FAFSA form every year you're in college or career school. Why? Because things can change. For instance, your school or state might create a new grant or scholarship, or the factors used to calculate your aid could change from one year to the next. Either way, if you don't submit a new FAFSA form, you're out of luck.

So what's next?

Go to fafsa.gov and fill out the form. If you applied for admission to a college or career school and have been accepted—and you listed that school on your FAFSA form—the school will receive the information from your FAFSA form, calculate your aid, and send you an electronic or paper aid offer telling you how much aid you're eligible for at the school.

Have questions? Contact or visit the following:

- [StudentAid.gov](https://studentaid.gov)
- a school's financial aid office
- studentaid@ed.gov
- 1-800-4-FED-AID (1-800-433-3243) toll free
- TTY for the deaf or hard of hearing: 1-800-730-8913

Scholarships

Where can I find Scholarships?

School Counseling Office

Follow Ms. Scarfo on twitter to stay informed of all the local scholarships offered to Meriden student's @PHSScholarship. Local scholarships can also be found in Naviance, make sure to pay close attention the application requirements as applications vary in their requests of information.

Naviance Tools

Scholarship Match

This list shows scholarships that may be a suitable match for you based on the requirements such as gender, ethnicity, GPA, etc. Click the checkmark on a scholarship you have or will apply to and then choose Add to My Applications.

National Scholarship Search

An external site hosted by Sallie Mae that provides a list of potential scholarship matches based on your personal criteria from Naviance. If you want to change information that is driving your matches, use the Edit Profile tab to make any updates. You can use this site to create a set of Favorites.

How to Track the scholarships you are applying to?

Use the Scholarships I'm Applying To as a way to keep a list of scholarships you have applied to along with the award value. You can use the scholarship list and matches to save items here or enter the scholarships manually.

Other Resources

Check out these websites to find more local and national scholarships:

www.unigo.com

www.meridenfoundation.org/scholarship

www.bigfuture.com

www.fastweb.com

Two-Year College and Technical Programs Checklist

Milestone	Completion Date
<input type="checkbox"/> Meet with your counselor to discuss interest in the two year college path and draft initial college list during <i>junior planning meeting</i>	March-April
<input type="checkbox"/> Meet with your counselor to confirm interest in the two year college path and review checklist requirements. <ul style="list-style-type: none"> <input type="checkbox"/> Application requirements <input type="checkbox"/> Fee Waiver <input type="checkbox"/> SAT Scores exemption or should you consider retaking SAT? 	September
<input type="checkbox"/> Create FAFSA account and FSA ID	October
<input type="checkbox"/> Attend the Community College Fair	October
<input type="checkbox"/> Consider taking a MxCC@Platt course in the spring semester	December
<input type="checkbox"/> Attend the Scholarship Fair	January
<input type="checkbox"/> Complete and submit the FAFSA	January-February
<input type="checkbox"/> Submit applications to community colleges and/or technical schools <ul style="list-style-type: none"> <input type="checkbox"/> Register to attend a Community College Application Day at Platt (<i>January & March</i>) 	January-March
<input type="checkbox"/> Review community college/technical school acceptances, financial aid, and placement information with your School Counselor or the College & Career Coordinator	March-April
<input type="checkbox"/> Create MyCommnet account when acceptance email is received	March-May
<input type="checkbox"/> Schedule Accuplacer assessment if needed	May-June
<input type="checkbox"/> Register for Classes	May-June

Military Checklist

Milestone	Completion Date
<input type="checkbox"/> Meet with your counselor to discuss interest in joining the military at junior planning meeting	March-April
<input type="checkbox"/> Meet with your counselor to confirm interest in the military at senior planning meeting <ul style="list-style-type: none"> <input type="checkbox"/> Register to take the ASVAB exam <input type="checkbox"/> Register for the Military Round Table 	September-October
<input type="checkbox"/> Create FAFSA account and FSA ID	October
<input type="checkbox"/> Meet with recruiters at Career Center and/or cafe visits	November-April
<input type="checkbox"/> Attend the Military Round Table at Platt	December
<input type="checkbox"/> Complete and submit the FAFSA	January
<input type="checkbox"/> Retake the ASVAB if needed	March
<input type="checkbox"/> Commit to a branch of the military	April-May

Apprenticeship/Trade Checklist

Milestone	Completion Date
<input type="checkbox"/> Meet with your counselor to discuss interest in pursuing an apprenticeship at junior planning meeting	March-April
<input type="checkbox"/> Meet with your counselor to <i>confirm</i> interest in pursuing an apprenticeship during senior planning meeting	September-October
<input type="checkbox"/> Register to attend the Bristol Tech Field Trip	
<input type="checkbox"/> Create FAFSA account and FSA ID	October
<input type="checkbox"/> Attend Bristol Tech Field Trip	November
<input type="checkbox"/> Complete and submit the FAFSA	November -January
<input type="checkbox"/> Attend the Apprentice Round Table at Platt	March
<input type="checkbox"/> One-on-one meeting with the College and Career Coordinator to finalize trade and next steps	March-June
<input type="checkbox"/> Attend the Construction Career Day field trip	May

Workforce Checklist

Milestone	Completion Date
<input type="checkbox"/> Meet with your counselor to discuss interest in joining the workforce at junior planning meeting	March-April
<input type="checkbox"/> Meet with your counselor to confirm interest in joining the workforce during senior planning meeting	September-October
<input type="checkbox"/> Begin building resume in Naviance	September
<input type="checkbox"/> Meet with College & Career Coordinator to discuss Career Readiness opportunities	October
<input type="checkbox"/> Draft and finalize resume	November-March
<input type="checkbox"/> One-on-one meeting with the College and Career Coordinator to discuss employment opportunities after graduation	April
<input type="checkbox"/> Attend Career Fair at Wesleyan	May
<input type="checkbox"/> Job search and application completion with College & Career Coordinator	May-June

ONE OPPORTUNITY. LIMITLESS POSSIBILITIES.

If you want to play sports at an NCAA Division I or II school, start by registering for a Certification Account with the NCAA Eligibility Center at eligibilitycenter.org. If you want to play Division III sports or you aren't sure where you want to compete, start by creating a Profile Page at eligibilitycenter.org.

ACADEMIC REQUIREMENTS

To play sports at a Division I or II school, you must graduate from high school, complete 16 NCAA-approved core courses, earn a minimum GPA and earn an ACT or SAT score that matches your core-course GPA.

CORE COURSES

Visit eligibilitycenter.org/courselist for a full list of your high school's approved core courses. Complete 16 core courses in the following areas:

DIVISION I

Complete 10 NCAA core courses, including seven in English, math or natural/physical science, before your seventh semester.

ENGLISH	MATH (Algebra I or higher)	NATURAL/ PHYSICAL SCIENCE (Including one year of lab, if offered)	ADDITIONAL (English, math or natural/physical science)	SOCIAL SCIENCE	ADDITIONAL COURSES (Any area listed to the left, foreign language or comparative religion/philosophy)
4 years	3 years	2 years	1 year	2 years	4 years

DIVISION II

ENGLISH	MATH (Algebra I or higher)	NATURAL/ PHYSICAL SCIENCE (Including one year of lab, if offered)	ADDITIONAL (English, math or natural/physical science)	SOCIAL SCIENCE	ADDITIONAL COURSES (Any area listed to the left, foreign language or comparative religion/philosophy)
3 years	2 years	2 years	3 years	2 years	4 years

GRADE-POINT AVERAGE

The NCAA Eligibility Center calculates your grade-point average (GPA) based on the grades you earn in NCAA-approved core courses.

- DI requires a minimum 2.3 GPA.
- DII requires a minimum 2.2 GPA.

SLIDING SCALE

Divisions I and II use sliding scales to match test scores and GPAs to determine eligibility. The sliding scale balances your test score with your GPA. If you have a low test score, you need a higher GPA to be eligible. Find more information about sliding scales at ncaa.org/student-athletes/future/test-scores.

TEST SCORES

Take the ACT or SAT as many times as you want before you enroll full time in college, but remember to list the NCAA Eligibility Center (code 9999) as a score recipient whenever you register to take a test. If you take a test more than once, send us all your scores and we will use the best scores from each test section to create your sum score. We accept official scores only from the ACT or SAT, and won't use scores shown on your high school transcript.



HIGH SCHOOL TIMELINE

GRADE 9

Play

- Start planning now! Take the right courses and earn the best grades you can.
- Ask your counselor for a list of your high school's NCAA core courses to make sure you take the right classes. Or, find your high school's list of NCAA core courses at eligibilitycenter.org/courselist.

GRADE 10

Register

- Register for a Certification Account or Profile Page with the NCAA Eligibility Center at eligibilitycenter.org.
- If you fall behind on courses, don't take shortcuts to catch up. Ask your counselor for help with finding approved courses or programs you can take.

GRADE 11

Study

- Check with your counselor to make sure you are on track to graduate on time.
- Take the ACT or SAT, and make sure we get your scores by using code **9999**.
- At the end of the year, ask your counselor to upload your official transcript.

GRADE 12

Graduate

- Take the ACT or SAT again, if necessary, and make sure we get your scores by using code **9999**.
- Request your final amateurism certification after April 1.
- After you graduate, ask your counselor to upload your final official transcript with proof of graduation.

Divs 1&2

This simple formula will help you meet Divisions I and II core-course requirements.

$$4 \times 4 = 16$$

- + 4 English courses (one per year)
- + 4 math courses (one per year)
- + 4 science courses (one per year)
- + 4 social science courses (one per year)
- = 16 NCAA CORE COURSES

For more information:

ncaa.org/playcollegesports
eligibilitycenter.org

Search Frequently Asked Questions

ncaa.org/studentfaq

Follow us:

@NCAAEC

@playcollegesports

Opportunities for Community Service

This is a list of suggested contacts for community service opportunities, with some helpful hints for your successful completion of hours. Remember that you must complete **20 hours** as a graduation requirement. When calling the contacts below to ask about opportunities and you must leave a message, ***make sure you provide your name and phone number in your message!***

Organization	Contact Information	Helpful Hints
United Way – Volunteer Center	203-235-4403	This organization provides assistance with finding a community service placement. You'll have a greater chance of finding a placement if you call them early in the school year – towards the end of the school year they tend to have very few opportunities available.
Meriden Public Library	203-238-2344	
Meriden YMCA	203-235-6386	Look on the YMCA website for dates of specific events. The YMCA typically seeks volunteers for those events only.
Boys and Girls Club	203-235-8185	Several opportunities available, and the staff is eager to have our students help out! Visit the Career Center for more information.
The Bradley Home	203-235-5716	
Miller Memorial Community	203-237-8815	
Connecticut Baptist Homes	203-237-1206	Looking for volunteers to help with their recreation program, so when you call be sure to ask for the Recreation Department
The Village of Kensington Place	203-235-0181	
Meriden Humane Society	203-238-3650	Paperwork to become a volunteer must be completed, and you must indicate that you are completing the hours for school.
American Cancer Society	203-379-4825	Fewer opportunities in the Fall (with the exception of Making Strides event in October), but will look for many volunteers for Relay for Life (Spring/Summer).
The Salvation Army	203-235-6352	
St. Andrew's Episcopal Church	203-237-7451	
Meriden Soup Kitchen	Meridensoupkitchen.org	Must apply to become a volunteer. The application is available online. You can also walk into the soup kitchen during their open hours to submit an application -- ask for Ed.
Girls Incorporated	203-235-7146	
Midstate Medical Center	203-694-8742	At Midstate, you are required to start volunteering with them in the summer. After starting in the summer, you can continue with hours throughout the school year. An application (online) is required. The application is up on the website by February 1 and due April 1 – any later and you will miss your chance.
Franciscan Life Center	203-237-8084	
Beat the Street Community Center	203-237-8084	Afterschool and weekend volunteer opportunities available

APPLICATION FOR COMMUNITY SERVICE CREDIT

Date: _____
(Return to your counselor)

Name: _____ ID# _____

School Counselor _____ Year of Graduation _____

1. Name the group/agency where this activity will be performed _____

Address _____ Telephone _____

Supervisor of Activity/ Contact person: _____

2. Describe the nature of your service and the benefits to the community.

3. State the dates this service was performed.

Start date _____ Ending date _____

Total Hours _____

THE FOLLOWING SECTIONS MUST BE COMPLETED BY SITE SUPERVISOR

I certify that _____ has completed _____ hours in the
(Name of Student)
service described above.

Date(s) of
service: _____

Supervisor's Signature

Supervisor's name (print/type)

Date

Supervisor's Position

For Counseling Office only: Verified by _____

Date _____